



Serving in September

A ForKids Food Drive

"For I was hungry and you gave me food..."

September brings the start of many things this year...the start of in-person learning at school, the start of face-to-face meetings of clubs and organizations, the start of actually working in the workplace office. But for some, September will bring more difficult starts...the start of surviving without unemployment assistance, the start of being homeless as the eviction moratorium ends, the start of added family stress due to changing housing, economic, and social situations.

We are fortunate in Suffolk to have a much-needed resource to assist struggling families and children. ForKids, with a branch located just down the street from SPC, provides housing, education, and critical resources so that families can achieve stability and children can discover a lifetime of success. ForKids has become one of the largest providers of homeless services in Virginia. But they cannot do it alone...they rely upon the donations of food, funds, and volunteer hours to meet the needs of clients.

During the month of September, SPC will be gathering food donations to support families who are facing homelessness. Many of the ForKids families will be staying in hotels, which makes their food needs different. Taking into consideration storage and cooking limitations with only a microwave and mini-refrigerator in their rooms, they need items that require little or no cooking. There is no stove for pots and pans, no large sink for washing dishes. They need items that are easily heated and quickly cleaned up. SPC will be collecting the items below during the month of September. Look for the bin in the Narthex for non-perishable items; frozen or refrigerated items can be put in the freezer or refrigerator in the kitchen. **And regardless of whether you are able to donate, mark your calendar for Sunday, September 26, when we will pack and bless the donations following worship.**

Suggested items include:

Oatmeal	Pudding/Jello Cups	Applesauce/Fruit Cups	Baby Food
Bread/Crackers	Paper Plates/Bowls	Microwave Popcorn	Raisins
Canned tuna	Cold Cuts/ Cheese	Manual Can Openers	Cereal
Shelf-stable Microwavable Meals		Juice boxes	Snacks